



# COMMUNITY EDUCATION, F'2024

NWTC Sister Bay provides state-of-the-art resources that support a growing economy and vibrant quality of life in northern Door County. To register, call 920-746-4970 or email [sisterbay@nwtc.edu](mailto:sisterbay@nwtc.edu). We are located at 2438 S. Bay Shore Drive, Sister Bay.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
<b>Balance</b>	<b>Tues, Dec 3</b>	<b>2:00 – 3:00 pm</b>	<b>FREE</b>	
Learn how your body keeps your balance, what makes you lose your balance and how you can make your balance better and decrease your risk of falling. Presented by Krista Keck, PT, DPT from Door County Medical Center				
<b>Baking Memories: Royal Icing Decorating</b>	<b>Wed, Dec 4</b>	<b>10 am-noon</b>	<b>\$20</b>	<b>Call 920-746-4970 to reserve a spot. Bring cookie sheet and course fee (\$20 cash only) to class.</b>
Learn some new and fun techniques for cookie decorating while sharing laughs and memories. Fee includes a dozen cookies, 3 bags of icing and a container of sprinkles. Presented by Sierra Witczak from the Aging and Disability Resource Center of Door County. Space is limited to 8 people—sign up early!				
<b>Healthy Lifestyle Habits</b>	<b>Tues, Dec 10</b>	<b>2:00 – 3:00 pm</b>	<b>FREE</b>	
Learn the pillars of health and wellness. Learn what you can do to optimize a healthy lifestyle. Presented by Krista Keck, PT, DPT from Door County Medical Center				
CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
<b>Introduction to Soap Making</b>	<b>Wed, Dec 11</b>	<b>10am-3:00 pm Lunch break from noon-1:00 pm</b>	<b>\$20 &amp; \$20 supplies fee</b>	<b>Limited to 8 participants. Participants should bring an apron and course &amp; supplies fee (\$40 cash only) and wear close-toed shoe to class. Presented by Jen Dahl.</b>
Participants will make up to 10 scented or unscented, colored or uncolored soaps in 3D detailed silicon molds using a commercially made melt and pour base and will take them home at the end of class. Instructor will give overview of melt-and-pour soap-making techniques based on written materials provided, and discuss techniques used for examples displayed. Two bases will be available to choose from, melted and ready to use. Various fragrances, colors and molds will be available.				

Participants will learn to weigh, color and scent the base, and will pour soap into molds of their choosing. While the participants are working, the instructor will weigh out the oils for the cold process demonstration and begin melting them.

Class schedule:

10 am – 11:00 am Melt and Pour Soaps

11:00 – Noon: Cold Process Discussion and Prep. Noon – 1 pm: Lunch break the lye and oils will be cooling during lunch

1:00 – 3:00 pm: Cold Process Demo, Unmolding and wrapping of melt and pour soaps.

Due to safety and manufacturing equipment needed for cold process soap making, this portion will not be hands-on. The instructor will demonstrate how to make a multi-colored, scented soap. The demonstration will not take long. Afterward, participants will unmold their melt and pour soaps and shrink wrap them, if desired. The class could end early if there are not a lot of questions. The instructor will have a similar batch of finished Cold Process soap available for the participants to each take a bar home. Take-home information will be provided, including a list of resources for where to purchase tools and materials.

<b>Where Does Your Tax Money Go</b>	<b>Thurs, Dec 12</b>	<b>10 am - Noon</b>	<b>Free</b>	
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Do you ever wonder where your tax dollars go? How are they spent? And why are they so high? This session will explain the assessment process, what portion of your taxes go to the village, and how the Village of Sister Bay allocates those dollars. Village staff will explain your tax bill and how the monies are dispersed, as well as what you can expect in the years to come.

<b>Home Networking</b>	<b>Wed, Dec 18</b>	<b>10:00 – 11:00 am</b>	<b>\$15</b>	Presented by LIR Trainer Erin Helgeson
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Unleash the power of your home network, with this course designed to help you build and manage a seamless, secure network in your own home. From setting up routers and Wi-Fi to understanding the basics of IP addresses and network security, you'll gain the skills needed to keep all your devices connected and running smoothly. Whether you're streaming, gaming, or working from home, this course will equip you with the knowledge to optimize your network for speed, reliability, and safety.