



COMMUNITY EDUCATION, SP'2025

NWTC Sister Bay provides state-of-the-art resources that support a growing economy and vibrant quality of life in northern Door County. To register, call 920-746-4970 or email sisterbay@nwtc.edu. We are located at 2438 S. Bay Shore Drive, Sister Bay.

CLASSES AND EVENTS
<p>Cribbage Mondays starting January 6 10:00 am-Noon Free Bring your cribbage board and a deck of cards. No cribbage on Monday, January 17, February 17, March 3, & April 28.</p> <p>Great way to start your week. Meet new people to socialize with and enjoy a game or two of cribbage.</p>
<p>Yoga 2nd & 4th Thursdays Jan 9 – May 22 10:00-11:00 am \$20 (cash only) each class Presented by Courtney Champeau, she has taught at the Fish Creek YMCA, outdoors in parks and orchards, and for Kind Soul Yoga studio. She is currently working on completing her 300-hour certification.</p> <p>This yoga class will combine yin and vinyasa yoga elements to stretch your body, sync up with your breath, and reset your mind in 60 minutes. There will be plenty of modifications, but please be advised that students should be able to sit on the floor and get up from the floor. Note: Bring your own yoga mat. Arrive 15 minutes early to settle in and roll out your mat. Space is limited.</p>

Color Me Calm

Thus, Jan 16

1:00-3:00 pm

\$20 course fee & \$25 supplies fee

Limit of 10 participants. Supplies include coloring books and markers. Register by January 9 by calling and sending or dropping off your payment to NWTC Sister Bay to ensure course materials.

Enhance your creativity and boost your self-esteem as you learn to relax and relieve stress of everyday life through mindful techniques using coloring sheets for grown-ups and colorful felt tip markers that will be provided to you during class time to keep. You're guaranteed to enjoy the creativity, calm, relaxation and mindfulness provided with this trendy new hobby of coloring for grown-ups. You will be presented with creative techniques for coloring and much more during this Color Me Calm class. Presented by Jane Tomich.

Using AI

Wed, Jan 22

1:00-3:00 pm

\$15

Presented by Quantum Technologies

Explore the fascinating world of artificial intelligence and learn how to integrate AI tools into your daily life. From chatbots to creative design, discover practical applications that make technology work smarter for you.

Winter Warmer SAIL Event

Tues, Jan 28

Noon-4:00 pm

Free

RSVP at ageinplacedoorcounty.org or email: info@ageinplacedoorcounty.org

Free soup lunch at noon, social to follow (Speaker, movie, games or activities). Tell your friends and neighbors to join us for a fun afternoon within your community and learn about SAIL's mission.

From Success to Significance

Wed, Jan 29

Wed, Feb 5, 12 & 19

10:00 am-Noon

\$40 four-week session

Maximum of 12 participants. Presented by Craig Mosurinjohn, who directed Career Services on numerous college/university campuses spanning 25 years. Completed 5,000+ meetings, successfully serving students, alumni, and community members to understand career direction and secure employment within the marketplace.

This four-week course is designed to help individuals transition from career-focused achievement to finding renewed purpose, whether in mid-career or retirement. Through structured activities, group discussions, one-on-one coaching (optional), and personal reflection, participants will develop actionable plans that will translate into the significance they seek. This course requires a commitment to a month-long process. Class exercises and journaling will be assigned, to be completed between sessions.

Baking Memories Royal Icing

Wed, Feb 5

10 am-Noon

\$20

Space is limited to 8 participants. Call 920-746-4970 to reserve a spot. Bring cookie sheet and course fee (\$20 cash only) to class.

Learn some new and fun techniques for cookie decorating while sharing laughs and memories. Fee includes a dozen cookies, 3 bags of icing and a container of sprinkles. Presented by Sierra Witczak from the Aging and Disability Resource Center of Door County. Space is limited to 8 people—sign up early!

Winter Soups & a Sandwich

Tues, Feb 11

1:00-3:30 pm

\$30 each or 2 for \$55. Registration deadline is February 4.

Maximum 12 participants. 8 minimum for class to run. A hands-on class for all levels of cooks, taught by Kay Mackay. She has taught cooking classes for 20 plus years in Milwaukee and enjoyed every minute. We will prepare, Minestrone Soup, Cream of 7 Root Soup and Italian Wedding Soup. Some soups can be made vegan. The sandwich is a classic favorite, Monte Crisco. Enjoy hardy tastings (really lunch) and step-by step recipes for take home. (Soups can be frozen).

CPR Heartsaver AED#21164

Mon, Feb 17

8 am-Noon

\$36.95 & cost of book/mask

Purchase and read entire book prior to class. A CPR mask is required. If you have one, please bring it. If not, a mask can be purchased through NWTC Bookstore.

This course is for individuals such as day-care employees, airline/security personnel or personal trainers who may need to respond to an emergency at work. Adult, child, infant CPR and choking as well as use of automated external defibrillator will be covered.

Heartsaver First Aid #21165

Mon, Feb 17

12:30-4:30 pm

\$36.95 & cost of book

Purchase from NWTC Bookstore and read entire book prior to class. Must bring /purchase CPR Mask to class.

This course is intended for lay rescuers, childcare workers, and industrial workers. Course covers scene/situation safety and the care of injuries: bleeding control, bone, joint, and muscle injuries, burns, and specific injuries to the head. It also addresses sudden illnesses, seizures, diabetic emergencies, poisoning, bites and stings, and heat and cold emergencies. Heartsaver First Aid teaches how to manage illness and injuries in the first few minutes until help arrives.

Intro to Drones and Aerial Photography

Wed, Feb 19

1:00-3:00 pm

\$15.00

Presented by Quantum Technologies

Dive into the basics of drone operation and capture stunning aerial photos. Learn about drone types, safety guidelines, and licensing requirements, with hands-on demonstration to bring your skills to new heights.

Winter Warmer SAIL Event

Tues, Feb 25

Noon-4:00 pm

Free

RSVP at ageinplacedoorcounty.org or email: info@ageinplacedoorcounty.org

Free soup lunch at noon, social to follow (Speaker, movie, games or activities. Tell your friends and neighbors to join us for a fun afternoon within your community and learn about SAIL's mission.

Smart Home Automation and Security

Wed, March 12

1:00-3:00 pm

\$15.00

Presented by Quantum Technologies

Transform your home with smart technology! This class covers the essentials of home automation, including voice-controlled devices, security systems, and ways to enhance convenience and safety.

Color Me Calm

Thurs, March 20

1:00-3:00 pm

\$20 course fee & \$25 supplies fee

Limit of 10 participants. Supplies include coloring books and markers. Register by March 13 by calling and sending or dropping off your payment to NWTC Sister Bay to ensure course materials.

Enhance your creativity and boost your self-esteem as you learn to relax and relieve stress of everyday life through mindful techniques using coloring sheets for grown-ups and colorful felt tip markers that will be provided to you during class time to keep. You're guaranteed to enjoy the creativity, calm, relaxation and mindfulness provided with this trendy new hobby of coloring for grown-ups. You will be presented with creative techniques for coloring and much more during this Color Me Calm class. Presented by Jane Tomich.

Winter Warmer SAIL Event

Tuesday, March 25

Noon-4:00 pm

Free

RSVP at ageinplacedoorcounty.org or email: info@ageinplacedoorcounty.org

Free soup lunch at noon, social to follow (Speaker, movie, games or activities. Tell your friends and neighbors to join us for a fun afternoon within your community and learn about SAIL's mission.

Social Media Photography and Photo Editing

Wed, April 16

1:00-3:00 pm

\$15

Presented by Quantum Technologies

Elevate your social media presence with professional-looking photos! This class teaches you photography tips and easy editing techniques to make your pictures stand out online.

Heartsaver CPR

#21168

Mon, April 28

8:00 am-Noon

\$36.95 & cost of book/mask

Purchase and read entire book prior to class. A CPR mask is required. If you have one, please bring it. If not, a mask can be purchased through NWTC Bookstore.

This course is for individuals such as day-care employees, airline/security personnel or personal trainers who may need to respond to an emergency at work. Adult, child, infant CPR and choking as well as use of automated external defibrillator will be covered.

First Aid #21169

Monday, April 28

12:30-4:30 pm

\$36.96 & cost of book

Purchase from NWTC Bookstore and read entire book prior to class.

This course is intended for lay rescuers, childcare workers, and industrial workers. Course covers scene/situation safety and the care of injuries: bleeding control, bone, joint, and muscle injuries, burns, and specific injuries to the head. IT also addresses sudden illnesses, seizures, diabetic emergencies, poisoning, bites and stings, and heat and cold emergencies. Heartsaver First Aid teaches how to manage illness and injuries in the first few minutes until help arrives.

Aging Resource Fair

Wednesday, April 30

11:00 am-2:00 pm

Free

This fair is designed to help prepare people to care for themselves as they age and to be good care partners for their loved ones and others. More information will be shared in early April

Color Me Calm

Thurs, May 15

1:00-3:00 pm

\$20 course fee & \$25 supplies fee

Limit of 10 participants. Supplies include coloring books and markers. Register by May 15 by calling and sending or dropping off your payment to NWTTC Sister Bay to ensure course materials.

Enhance your creativity and boost your self-esteem as you learn to relax and relieve stress of everyday life through mindful techniques using coloring sheets for grown-ups and colorful felt tip markers that will be provided to you during class time to keep. You're guaranteed to enjoy the creativity, calm, relaxation and mindfulness provided with this trendy new hobby of coloring for grown-ups. You will be presented with creative techniques for coloring and much more during this Color Me Calm class. Presented by Jane Tomich.

iPhone Advanced Features

Wednesday, May 21

1:00-3:00pm

\$15

Presented by Quantum Technologies

Unlock the full potential of your iPhone! Learn about advanced settings, hidden features, and time-saving tips to make the most of your device.